

Reading-Berks PHYSICAL THERAPY

Reading-Berks Physical Therapy helps our patients regain optimal physical function following an injury or an illness. We have experienced therapists, and established services and programs to help make sure that each and every one of our patients receives direct, dedicated care. We work with you to establish goals and timelines to get you back to the things that you love to do, as quickly, and as effectively as possible.

WHY CHOOSE READING-BERKS Physical Therapy?



The Reading-Berks Family Program, designed to get your family restored to optimal physical condition and back to the things they love to do.

The Reading-Berks Patient COMPASS™ Program, or Core Objectives Management Plan and Success Strategy, establishing long-term and short-term goals to keep you working towards a full recovery.

Dedicated Therapy Team™, which includes your very own dedicated physical therapist and physical therapist assistants, who are there for every single visit, whether it is for one week or one month.

Reading-Berks HealthCoach™, where in addition to being your in-house health coach, we also provide health maintenance through our partnerships with local fitness centers.

We are Doctors. Many of our 15 physical therapists have a combination of doctorate levels of education, specialty certifications, and/or over 25 years of experience.

Reading-Berks Patient Surveys for every single one of our patients which helps us to regularly analyze direct patient feedback and implement changes that improve our practice.

Physician Referrals. Reading-Berks receives referrals from over 550 physicians including Orthopedic Surgeons, Neurosurgeons, General Surgeons, Psychiatrists, Rheumatologists, Internists, Family Practitioners, Pediatricians, Podiatrists, Neurologists, OB-GYNs, and Occupational Medicine Specialists.

SPECIALTIES



When you're injured and in pain, you can trust your Reading-Berks physical therapist to perform a detailed evaluation and assessment of your unique situation. We use only proven treatment methods to relieve your pain and help you avoid reinjury. We also provide complete rehabilitation services for many conditions, including:

- Back & neck pain
- Spinal conditions
- Shoulder & arm pain
- Wrist/hand injuries
- Leg, hip, knee, ankle & foot pain
- Postsurgical problems
- Work injuries
- Sports injuries
- Pelvic Floor Rehabilitation
- Vestibular/balance disorders
- Neurologic conditions

By working one-on-one with your dedicated therapist throughout your therapy, you can feel comfortable and concentrate on getting the most out of your sessions in our comfortable private treatment rooms.